



DELBROOK TRAIL TREKKERS - Hikes
Winter 2012
Friday mornings 9:30-11:30AM



Date	Time	Meeting Place	Hike	Rating
Jan 6	9:30am	End of the Line	Headwaters Connector, Varley Trail Suspension Bridge 30' stairs	Mod
Jan 13	9:30am	Inter River Richard Juryn trailhead washrooms	Upper Bridgeman Park Lynn Canyon, Twin Bridges	Mod+
Jan 20	9:30am	Grouse Lot D	BP Grouse to skyline, return on Powerline	Diff
Jan 27	9:30am	Nelson Canyon trailhead off Wesport Rd	Whyte Lake circuit	Mod
Feb 3	9:30am	Cleveland Dam Parking Lot	Shinglebolt, Pipeline, Chinook, Cap Pacific Trails trails	Mod
Feb 10	9:30am	Mt Seymour parking lot	Dog Mountain <i>snowshoe</i>	Mod
Feb 17	9:3am	Panorama Park	Quarry Rock	Mod
Feb 24	9:30am	Woodale and St Mary's	St George's Trail	Mod+
Mar 2	9:30am	Grouse Mtn Lot D???	Dam Mountain <i>snowshoe</i>	Diff
Mar 9	9:30am	Eagle Harbour trailhead	Sahalee Trail	Diff
Mar 16	9:30 am	Canyon Café	Suspension Bridge to Twin Bridges, Fishermans and BP trails	Diff
Mar 23	9:30 am	Brothers Creek, Millstream road, past Henlow	Crossover Trail, Brother's Creek trail	Mod 2.5 hrs
Mar 30	9:30am	Cypress Nordic Lot	Access Trail Rd <i>snowshoe</i>	Mod+
Apr 6		Good Friday	NO TREK	
Apr 13	9:30am	Millstream Road trailhead	Brewis to Trans Canada trail. Brothers Creek	Diff
Apr 20	9:30am	Gleneagles golf course??	Black Mountain, Whyte Lake loop	IMod
Apr 27	9:30am	Lynn Peak ???	BRING GRIPPERS	4 hrs diff

Easy: Little to no elevation gain

Moderate: To approximately 500' elevation change

Intermediate: More than 500' elevation change (or moderate with some steep sections)

Intermediate+: Challenging terrain (may include steep sections, roots, dead fall etc.) and more than 500' elevation change

Please Note: For safety, routes may be subject to change dependent on weather and trail conditions.

Guide: Amanda Leaker or Femina (604-987-9220)

Participants should have good walking or hiking shoes/boots, dress with appropriate clothing for weather conditions, and bring hydration. For more information please call 604- 987- PLAY and ask for the Delbrook front desk