

# skating ice & in-line 2011



**Arena Programmer, Harry Jerome Arena:** David Fletcher, 604-983-6414  
**Arena Programmer, Karen Magnussen, Ice Sports Arenas:** Darcie Montgomery, 604-983-6566  
**Head Skate Instructor:** Clarissa Gajadhar at 604-983-6573

## A Note about Cancelled Classes

If the minimum number of participants has not registered for a class, it will be cancelled 3 days before the class is scheduled to begin. Be sure to register early to avoid disappointment, as a cancelled class does not guarantee transfer into the appropriate class. If participants register in the wrong level they will be required to withdraw without guarantee of transfer.

## Mandatory Equipment

Skate lesson fees do not include skate and helmet rentals. All participants (including adults) are required to wear skates/ice deats, gloves or mitts, and helmets (all these items are available to rent). Snowsuits or warm jackets and pants are highly recommended. Bike helmets are not recommended. Hockey, ringette and power skating participants are required to wear helmets with face cages.

## Private Skate Lessons

Private lessons can be arranged to suit your individual needs. Regardless of ability, we can develop lessons to improve your skills. Please call our private lesson line with inquiries at 604-983-6444, ext 756.

### Private skate lessons (1/2 hour)

Child - single = \$30  
 5 pack = \$135  
 Adult - single = \$31.50  
 5 pack = \$147.25

### Semi-private (1/2 hour)

\*\*Two people maximum; additional rate for each extra person  
 Child single - \$43.50  
 5 pack - \$195.75  
 Adult single - \$45.68  
 5 pack - \$205.50

## Report Cards, Certificates & Evaluation

During the last classes of each lesson series our instructors will evaluate your child. On the last day of skating lessons and power skating classes, you will receive a report card as a record of your child's progress. Our instructors work very hard to complete report cards for your child—please bring them back at the beginning of each lesson series. Certificates are given at the end of youth hockey programs and family lessons to congratulate participants on a job well done.



For information about specific lesson requirements and abilities, please visit [www.northvanrec.com](http://www.northvanrec.com) or pick up an information flyer from any northvanrec arena.

I Can Skate Preschool Lessons	I Can Skate Schoolage Les- sons	Hockey Programs	Power Skating	Adult & Teens
Parent & Tot	Family Lessons	Tiny Tot Hockey	Levels 1-3	Adult Lessons
3yrs	Levels 1-4	Hockey for Fun Level 1	Levels 4-6	Power Skate
Levels 1-4	Levels 5-8	Hockey for Fun Level 2	Levels 7-9	Co-ed Hockey Levels 1-3
Levels 5-9	Levels 9-12		Levels 10-12	Ice Circuit

skating ice & in-line



# skating ice & in-line

## spring in-line skating

### family

#### In-Line Skate Family

##### Magnussen

258812 Su Apr 3-May 1 12:00-12:40pm

258813 Su May 8-29 12:00-12:40pm

258814 Su Jun 5-26 12:00-12:40pm

\$14.20 each participant

### preschool

#### In-Line 4-6yrs

##### Harry Jerome

260084 F Apr 1-May 13 1:00-1:40pm

260089 F Apr 1-May 13 3:30-4:10pm

260086 F May 20-Jun 17 1:00-1:40pm

260085 F May 20-Jun 17 3:30-4:10pm

##### Intermediate

260088 F Apr 1-May 13 1:50-2:30pm

260087 F May 20-Jun 17 1:50-2:30pm

\$35.70

#### In-Line Skate Preschool cont.

##### Magnussen

##### Beginner

258821 Tu Mar 29-Apr 26 3:45-4:25pm

\$35.70

258819 Su Apr 3-May 1 12:00-12:40pm

\$28.80

258817 Tu May 3-31 3:45-4:25pm

\$35.70

258822 Su May 8-29 12:00-12:40pm

260442 Su Jun 5-26 12:00-12:40pm

258832 Tu Jun 7-28 3:45-4:25pm

\$28.80

##### Intermediate

258825 Tu Mar 29-Apr 26 3:45-4:25pm

\$35.70

258823 Su Apr 3-May 1 12:00-12:40pm

\$28.80

258828 Tu May 3-31 3:45-4:25pm

\$35.70

258826 Su May 8-29 12:00-12:40pm

260441 Su Jun 5-26 12:00-12:40pm

258838 Tu Jun 7-28 3:45-4:25pm

\$28.80



## schoolage

### In-Line Skate

##### Harry Jerome

260093 F Apr 1-May 13 3:30-4:10pm

260091 F Apr 1-May 13 4:20-5:00pm

260090 F May 20-Jun 17 3:30-4:10pm

260092 F May 20-Jun 17 4:20-5:00pm

\$33

##### Magnussen

##### Beginner

258842 Tu Mar 29-Apr 26 3:45-4:25pm

\$33

258840 Su Apr 3-May 1 12:45-1:25pm

\$26.40

258845 Tu May 3-31 3:45-4:25pm

\$33

258844 Su May 8-29 12:45-1:25pm

258855 Su Jun 5-26 12:45-1:25pm

258847 Tu Jun 7-28 3:45-4:25pm

\$26.40

##### Intermediate

258843 Tu Mar 29-Apr 26 3:45-4:25pm

\$33

258841 Su Apr 3-May 1 12:45-1:25pm

\$26.40

258846 Tu May 3-31 3:45-4:25pm

\$33

258848 Su May 8-29 12:45-1:25pm

258853 Su Jun 5-26 12:45-1:25pm

258852 Tu Jun 7-28 3:45-4:25pm

\$26.40

## KAREN MAGNUSSEN'S figure skating academy

at the North Shore Winter Club



### JOIN OUR TEAM OF CHAMPIONS!

Skaters will develop speed and power in stroking forwards and backwards, control of edges, turns and stopping. Figure Skaters will learn more advanced jumps and spins.

- 🍁 Core strength
- 🍁 Flexibility
- 🍁 Jump and Spinner Classes
- 🍁 High Performance consultation
- 🍁 Nutrition

### CHILD TO CHAMPION!

Now Accepting Registration for ALL LEVELS

ONLINE REGISTRATION now available at: [www.nswc.ca](http://www.nswc.ca)

## Karen Magnussen

Contact: 604.985.4135 Loc 250

[karenmagnussen-cella@nswc.ca](mailto:karenmagnussen-cella@nswc.ca)

NSWC  
1325 E Keith Road  
North Vancouver, BC  
Tel: 604.985.4135



## hockey

### preschool

#### Tiny Tot Floor Hockey

##### Magnussen

258772	Tu	Mar 29-Apr 26	10:15-10:55am
258771	Tu	Mar 29-Apr 26	4:30-5:10pm
\$32.50			
258773	Su	Apr 3-May 1	11:15-11:55am
\$26			
258778	Tu	May 3-31	10:15-10:55am
258777	Tu	May 3-31	4:30-5:10pm
\$32.50			
258779	Su	May 8-29	11:15-11:55am
258776	Su	Jun 5-26	11:15-11:55am
258774	Tu	Jun 7-28	10:15-10:55am
258775	Tu	Jun 7-28	4:30-5:10pm
\$26			

## schoolage

#### In-Line Hockey for Fun

##### Harry Jerome

##### Level 1

260079	F	Apr 1-May 13	4:20-5:00pm
260080	F	May 20-Jun 17	4:20-5:00pm

##### Magnussen

260402	Tu	Mar 29-Apr 26	4:30-5:10pm
\$35.50			
260401	Su	Apr 3-May 1	11:15-11:55am
\$28.40			
260403	Tu	May 3-31	4:30-5:10pm
\$35.50			
260406	Su	May 8-29	11:15-11:55am
260405	Su	Jun 5-26	11:15-11:55am
260404	Tu	Jun 7-28	4:30-5:10pm
\$28.40			

##### Level 2

##### Magnussen

258800	Tu	Mar 29-Apr 26	4:30-5:10pm
\$35.50			
258799	Su	Apr 3-May 1	11:15-11:55am
\$28.40			
258805	Tu	May 3-31	4:30-5:10pm
\$35.50			
258801	Su	May 8-29	11:15-11:55am
258803	Su	Jun 5-26	11:15-11:55am
258802	Tu	Jun 7-28	4:30-5:10pm
\$28.40			

## teen/youth

#### In-Line Hockey After School Drop In

##### Magnussen

258792	Th	Mar 31-Jun 11	3:30-4:45pm
\$5 (drop in)			

## adult

#### In-Line Skate

##### Harry Jerome

260083	F	Apr 1-May 13	1:00-1:40pm
260082	F	May 20-Jun 17	1:00-1:40pm
\$33			

##### Magnussen

258809	Su	Apr 3-May 1	12:45-1:25pm
260412	Su	May 8-29	12:45-1:25pm
260413	Su	Jun 5-26	12:45-1:25pm
\$26.40			

## camps

#### In-Line Hockey Camp

##### Harry Jerome

260113	M-F	Jul 4-8	9:30-12:00pm
260114	M-F	Jul 11-15	9:30-12:00pm
260115	M-F	Jul 18-22	9:30-12:00pm
260116	M-F	Jul 25-29	9:30-12:00pm
\$85			
260117	Tu-F	Aug 2-5	9:30-12:00pm
\$68			

#### In-Line Camp Radical Rollers

##### Harry Jerome

260107	M-F	Jul 4-8	1:00-3:30pm
260108	M-F	Jul 11-15	1:00-3:30pm
260109	M-F	Jul 18-22	1:00-3:30pm
260110	M-F	Jul 25-29	1:00-3:30pm
\$85			
260111	Tu-F	Aug 2-5	1:00-3:30pm
\$68			

#### In-Line Hockey Camp & Swim

##### Magnussen

258669	M-F	Jul 11-15	9:30-1:00pm
258670	M-F	Jul 25-29	9:30-1:00pm
258671	M-F	Aug 8-12	9:30-1:00pm
\$92.75			

#### In-Line Sports & Swim Camp

##### Magnussen

258672	M-F	Jul 4-8	1:30-5:00pm
258673	M-F	Jul 18-22	1:30-5:00pm
\$92.75			
258674	Tu-F	Aug 2-5	1:30-5:00pm
\$74.20			
258675	M-F	Aug 15-19	1:30-5:00pm
\$92.75			

#### Sport & Swim Camp

##### Magnussen

258756	M-F	Jul 11-15	1:30-5:00pm
258757	M-F	Jul 25-29	1:30-5:00pm
258758	M-F	Aug 8-12	1:30-5:00pm
\$92.75			



In partnership with the  
North Shore Winter Club and the  
North Van recCommission

Register at NSWC starting  
August 2011

- Senior, Adult & Junior Leagues
- Group Rentals
- Novice Leagues & Lessons
- Drop-in Curling
- School Leagues & Lessons and Class bookings



Inquiries:

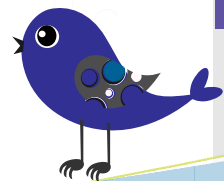
Curling Manager:  
604-985-4135 Ext 270

www.nswc.ca  
go to [www.nswc.ca](http://www.nswc.ca) and click on  
Club Information for  
On-line registration

Public curlers welcome -  
all ages, all levels

spring program registration	starts wednesday <b>mar. 9</b>
summer program registration	starts wednesday <b>apr. 20</b>

In-line Birthday  
Parties  
available at Karen  
Magnussen!  
Call Laurie at  
604-983-6562



skating ice & in-line



# skating ice & in-line



## Translated Guides for Newcomers

If English is not your first language, we now have an Easy Guide to Recreation available in 8 different languages.

Pick up a **FREE** copy of the guide at local community centres or visit [northvanrec.com](http://northvanrec.com) to download a copy of the guide in French, Japanese, Korean, Persian, Russian, Spanish, Simple Chinese or Traditional Chinese.

While online view our new 6 minute Welcome Video introducing you to programs and services at northvanrec – also available in 5 languages.

## skating - ice preschool Parent & Tot 2-5yrs

<b>Ice Sports</b>			
258908	M	Mar 28-May 16	3:45-4:25pm
258909	W	Mar 30-May 18	3:45-4:25pm
\$56.80			
258906	Su	Apr 3-May 15	1:30-2:10pm
258907	Su	Apr 3-May 15	2:15-2:55pm
\$49.70			
258696	M-F	Jul 18-22	12:30-1:00pm
\$35.50			

## Preschool 3yrs

<b>Harry Jerome</b>			
260146	M-F	Aug 22-26	4:15-4:45pm
\$23.75			
260145	Tu-F	Aug 30-Sep 2	4:15-4:45pm
\$19.00			
<b>Ice Sports</b>			
258918	M	Mar 28-May 16	4:30-5:00pm
258919	W	Mar 30-May 18	10:15-10:45am
258920	W	Mar 30-May 18	3:45-4:15pm
\$38			
258917	Su	Apr 3-May 15	12:45-1:15pm
\$33.25			
258706	M-F	Jul 11-15	12:30-1:00pm
258707	M-F	Jul 25-29	12:30-1:00pm
\$23.75			

## I Can Skate Preschool 4-6 yrs

<b>Level 1-4</b>			
<b>Harry Jerome</b>			
260135	M-F	Aug 22-26	3:30-4:10pm
260136	M-F	Aug 22-26	4:15-4:55pm
\$35.50			
260137	Tu-F	Aug 30-Sep 2	3:30-4:10pm
260138	Tu-F	Aug 30-Sep 2	4:15-4:55pm
\$28.40			
<b>Ice Sports</b>			
258887	M	Mar 28-May 16	3:45-4:25pm
258888	M	Mar 28-May 16	4:30-5:10pm
258889	W	Mar 30-May 18	9:30-10:10am
258894	W	Mar 30-May 18	10:15-10:55am
258891	W	Mar 30-May 18	3:45-4:25pm
\$56.80			
258890	W	Mar 30-May 18	4:30-5:10pm
258892	Th	Mar 31-May 19	4:00-4:40pm
258893	Th	Mar 31-May 19	4:45-5:25pm
\$56.80			
258884	Su	Apr 3-May 15	12:45-1:25pm
258885	Su	Apr 3-May 15	1:30-2:10pm
258886	Su	Apr 3-May 15	2:15-2:55pm
\$49.70			
258690	M-F	Jul 11-15	12:30-1:00pm
258691	M-F	Jul 18-22	12:30-1:00pm
258692	M-F	Jul 25-29	12:30-1:00pm
\$23.75			

## I Can Skate Preschool Level 5-9

<b>Harry Jerome</b>			
260139	M-F	Aug 22-26	3:30-4:10pm
260140	M-F	Aug 22-26	4:15-4:55pm
\$35.50			
260141	Tu-F	Aug 30-Sep 2	3:30-4:10pm
260142	Tu-F	Aug 30-Sep 2	4:15-4:55pm
\$28.40			
<b>Ice Sports</b>			
258900	M	Mar 28-May 16	4:30-5:10pm
258902	W	Mar 30-May 18	4:30-5:10pm
258903	W	Mar 30-May 18	3:45-4:25pm
258904	Th	Mar 31-May 19	4:00-4:40pm
\$56.80			
258896	Su	Apr 3-May 15	12:45-1:25pm
258898	Su	Apr 3-May 15	2:15-2:55pm
\$42.60			
258693	M-F	Jul 11-15	12:30-1:00pm
258694	M-F	Jul 18-22	12:30-1:00pm
258695	M-F	Jul 25-29	12:30-1:00pm
\$23.75			

## hockey

### Preschool Tiny Tot 4-6yrs

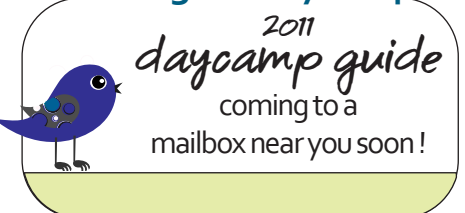
<b>Harry Jerome</b>			
260123	M-F	Aug 22-26	11:45-12:25pm
\$35.50			
260124	Tu-F	Aug 30-Sep 2	11:45-12:25pm
\$28.40			
<b>Ice Sports</b>			
258790	W	Mar 30-May 18	5:15-5:55pm
258791	Th	Mar 31-May 19	5:30-6:10pm
\$56.80			
258667	M-F	Jul 11-15	1:50-2:00pm
258668	M-F	Jul 25-29	1:50-2:00pm
\$35.50			

## schoolage

### I Can Skate 6-12yrs

<b>Level 1-4</b>			
<b>Harry Jerome</b>			
260125	M-F	Aug 22-26	3:30-4:10pm
260126	M-F	Aug 22-26	4:15-4:55pm
\$33			
260127	Tu-F	Aug 30-Sep 2	3:30-4:10pm
260128	Tu-F	Aug 30-Sep 2	4:15-4:55pm
\$26.40			

## looking for daycamps?



**I Can Skate Schoolage cont.**

**Ice Sports**

258861	M	Mar 28-May 16	3:45-4:25pm
258862	M	Mar 28-May 16	4:30-5:10pm
258863	W	Mar 30-May 18	3:45-4:25pm
258864	W	Mar 30-May 18	4:30-5:10pm
258865	Th	Mar 31-May 19	4:00-4:40pm
258866	Th	Mar 31-May 19	4:45-5:25pm \$52.80
258858	Su	Apr 3-May 15	12:45-1:25pm
258859	Su	Apr 3-May 15	1:30-2:10pm
258860	Su	Apr 3-May 15	2:15-2:55pm \$39.60
258681	M-F	Jul 11-15	1:05-1:45pm
258682	M-F	Jul 18-22	1:05-1:45pm
258683	M-F	Jul 25-29	1:05-1:45pm \$33

**Level 5-8**

**Harry Jerome**

260129	M-F	Aug 22-26	3:30-4:10pm
260130	M-F	Aug 22-26	4:15-4:55pm \$33
260131	Tu-F	Aug 30-Sep 2	3:30-4:10pm
260132	Tu-F	Aug 30-Sep 2	4:15-4:55pm \$26.40

**Ice Sports**

258870	M	Mar 28-May 16	3:45-4:25pm
258871	W	Mar 30-May 18	4:30-5:10pm
258873	Th	Mar 31-May 19	4:00-4:40pm
258874	Th	Mar 31-May 19	4:45-5:25pm \$52.80
258869	Su	Apr 3-May 15	1:30-2:10pm
258868	Su	Apr 3-May 15	2:15-2:55pm \$39.60
258684	M-F	Jul 11-15	1:05-1:45pm
258685	M-F	Jul 18-22	1:05-1:45pm
258686	M-F	Jul 25-29	1:05-1:45pm \$33

**Level 9-12**

**Ice Sports**

258878	Th	Mar 31-May 19	4:45-5:25pm \$52.80
258875	Su	Apr 3-May 15	1:30-2:10pm \$39.60
258689	M-F	Jul 11-15	1:05-1:45pm
258687	M-F	Jul 25-29	1:05-1:45pm
258688	M-F	Jul 18-22	1:05-1:45pm \$33

**hockey**

**Hockey for Fun 6-12yrs**

**Level 1**

**Harry Jerome**

260119	M-F	Aug 22-26	11:45-12:25pm \$35.50
260120	Tu-F	Aug 30-Sep 2	11:45-12:25pm \$28.40

**Ice Sports**

258785	W	Mar 30-May 18	5:15-5:55pm
258786	Th	Mar 31-May 19	5:30-6:10pm \$56.80
258663	M-F	Jul 11-15	1:50-2:30pm
258664	M-F	Jul 25-29	1:50-2:30pm \$35.50

**HEADS UP:  
WEAR THE  
RIGHT GEAR!**

Helmets made for ice/snow sports are strongly recommended to be worn during public skate sessions.

Bike helmets are not recommended.



**Level 2**

**Harry Jerome**

260121	M-F	Aug 22-26	11:45-12:25pm \$35.50
260122	Tu-F	Aug 30-Sep 2	11:45-12:25pm \$28.40

**Ice Sports**

258787	W	Mar 30-May 18	5:15-5:55pm
258788	Th	Mar 31-May 19	5:30-6:10pm \$56.80
258665	M-F	Jul 11-15	1:50-2:30pm
258666	M-F	Jul 25-29	1:50-2:30pm \$35.50

**Power Skate 6-12yrs**

**Level 1-3**

**Harry Jerome**

260147	M-F	Aug 22-26	12:30-1:10pm \$35.50
260148	Tu-F	Aug 30-Sep 2	12:30-1:10pm \$27.60

**Ice Sports**

258913	M	Mar 28-May 16	5:15-5:55pm \$56.80
258698	M-F	Jul 18-22	1:50-2:30pm \$35.50

**Level 4-6**

**Harry Jerome**

260149	M-F	Aug 22-26	12:30-1:10pm \$35.50
260150	Tu-F	Aug 30-Sep 2	12:30-1:10pm \$27.60

**Ice Sports**

258915	M	Mar 28-May 16	5:15-5:55pm \$56.80
258702	M-F	Jul 18-22	1:50-2:30pm \$35.50

**Level 7-9**

**Harry Jerome**

260151	M-F	Aug 22-26	12:30-1:10pm \$35.50
260152	Tu-F	Aug 30-Sep 2	12:30-1:10pm \$27.60

**Ice Sports**

258916	M	Mar 28-May 16	5:15-5:55pm \$56.80
258704	M-F	Jul 18-22	1:50-2:30pm \$35.50

**Level 10-12**

**Harry Jerome**

260153	M-F	Aug 22-26	12:30-1:10pm \$35.50
260154	Tu-F	Aug 30-Sep 2	12:30-1:10pm \$27.60

**Ice Sports**

258914	M	Mar 28-May 16	5:15-5:55pm \$56.80
258700	M-F	Jul 18-22	1:50-2:30pm \$35.50

**adult**

**Lessons 16yrs & up**

**Harry Jerome**

260133	M-F	Aug 22-26	4:15-4:55pm \$33
260134	Tu-F	Aug 30-Sep 2	4:15-4:55pm \$26.40

**Ice Sports**

258881	W	Mar 30-May 18	9:30-10:10am \$52.80
258879	Su	Apr 3-May 15	12:45-1:25pm \$38.40

**hockey 16yrs&up**

**Power Skate**

**Ice Sports**

258912	M	Mar 28-May 16	5:15-5:55pm \$90
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**Hockey Coed 16yrs& up**

**Ice Sports**

<b>Level 1</b>			
258783	W	Mar 30-May 18	8:30-9:30pm
<b>Level 2</b>			
258784	W	Mar 30-May 18	9:45-10:45pm \$120



skating ice & in-line

