

## Public Speaking

Join Rick Bains, an experienced workshop facilitator, who will give you the skills and confidence to speak effectively in public either in meetings, or in your personal and business life. Rick has an easy way with people, genuinely understands them and is able to bring out their hidden potential.

**Mollie Nye House Dining Room**

253086 Tu Oct 19-Nov 30 7:15-9:15pm  
\$134.40

## Dog Obedience Beginners with Denise 16yrs&up

Training you to train your dog. On-leash training only. Adult handlers are taught to analyze their dogs' personalities and then to teach them the five basic obedience commands by the most appropriate method for their particular dog. First aid lecture by veterinarian is included. First night is a lecture-dogs do not attend. NOTE: 2nd handlers MUST pay extra and be 16 yrs and older. Instructor: Denise H.

**Neighbourhood House, Gym**

248572 Tu Sep 14-Nov 23 9:15-10:15pm  
248569 Tu Sep 14-Nov 23 8:10-9:10pm  
248571 F Sep 17-Nov 26 1:00-2:00pm  
248570 W Sep 15-Nov 24 7:40-8:40pm  
248669 Tu Jan 11-Mar 22 8:10-9:10pm  
248671 Tu Jan 11-Mar 22 9:15-10:15pm  
248672 F Jan 14-Mar 25 1:00-2:00pm  
248670 W Jan 12-Mar 23 7:40-8:40pm  
\$95.20/\$135.52 second Handler fee

## Distraction Training with Denise

For owners and dogs who have completed basic obedience classes and need to work on performance with distractions. Includes moving stand, drop on recall, finishes, and obstacle work. Additional handler pays extra and they MUST be 16 yrs or older. Instructor: Denise H. Dogs DO attend the first class

**Neighbourhood House, Gym**

250343 W Sep 15-Nov 24 8:45-9:45pm  
250345 W Jan 12-Mar 23 8:45-9:45pm  
\$95.20/\$135.52 second Handler fee

## Dog Obedience Intro to RALLY-O

This is an 11 week class introducing Rally-O, a fun, individual dog/handler sport open to all types of dogs. While it is competition oriented, blending obstacle work with activities based on the heeling exercise, the focus is on a positive partnership. Previous obedience work is a prerequisite. Handlers must be over 16 years. Dogs do attend the first session.

**Neighbourhood House, Gym**

250346 F Sep 17-Nov 26 2:15-3:15pm  
250347 F Jan 14-Mar 25 2:15-3:15pm  
\$95.20/\$135.52 second Handler fee



## HJ Dog Obedience Beginners 6mos&up

A 10-week on-leash training course for dogs over 6 months of age. Adult handlers are taught to analyze their dog's personalities and then to teach the 5 basic obedience commands by the most appropriate method for their particular dog. First night is lecture only, dogs do not attend. (Denise H.)

**Memorial, Capilano Rm**

245877 M Sep 27-Dec 6 7:15-8:15pm  
245918 M Jan 24-Mar 28 7:15-8:15pm  
\$96.88/\$138.43 two handlers

## HJ Dog Show Handling Class

Competition dog show handling for the conformation ring. A 10-week course for adults with purebred, CKC-registered dogs wanting to show their own animals. Covers an introduction to show rules, ring procedures, gaiting, stacking, socializing, grooming, and conditioning the potential show dog. Dog must be over 4 months of age, up-to-date on vaccinations, and not aggressive. (Denise H.)

**Memorial, Capilano Rm**

245876 M Sep 27-Dec 6 8:30-9:30pm  
245919 M Jan 24-Mar 28 8:30-9:30pm  
\$96.88/\$138.43 two handlers

## Puppy Kindergarten 3-5mos

In addition to introducing the basic control exercises, this course examines dog management issues & offers instruction in basic canine manners. A 10-week course designed to get and keep the attention of young puppies 3-5 months of age. First night is lecture only, puppies do not attend. Trainer must be 16yrs or older. (Denise H.)

**Memorial, Capilano Rm**

245920 M Sep 27-Dec 6 6:00-7:00pm  
245921 M Jan 24-Mar 28 6:00-7:00pm  
\$96.88/\$138.43 two handlers

## Puppy Training With Denise

Designed to get and keep the attention of young puppies 3-5 Mths of age. Adult handlers teach manners and introduce non-precision obedience exercises through structured play and social interaction. First aid lecture by veterinarian is included. First night is lecture only, Puppies do not attend. Trainer must be 16 yrs or older. (Denise H.)

**Neighbourhood House, Gym**

248557 Tu Sep 14-Nov 23 7:00-8:00pm  
248556 W Sep 15-Nov 24 6:30-7:30pm  
248567 Tu Jan 11-Mar 22 7:00-8:00pm  
248566 W Jan 12-Mar 23 6:30-7:30pm  
\$95.20/\$135.52 second Handler fee

## languages

### Spanish Conversation 16yrs&up

Practise your Spanish skills in this social setting. Only Spanish will be spoken in class. Our small group setting affords lots of opportunity to build your skills. Register at Mollie Nye House, 604-987-5820.

**Mollie Nye, Dining Rm**

M Sep 13-Dec 13 10:00-11:30am  
\$101/\$96 LVSA member  
M Jan 10-Mar 28 10:00-11:30am  
\$103.50/\$88.50 LVSA member

### Spanish Beginner 16yrs &up

Learn spanish for travel or fun. A great way to exercise your brain! Please register at Mollie Nye House, 604-987-5820.

**Mollie Nye, Dining Rm**

Tu Sep 29-Dec 14 1:30-3:00pm  
\$80/\$75 LVSA member  
Tu Jan 11-Mar 29 1:30-3:00pm  
\$71/\$66 LVSA member

### Spanish Intermediate 1 16yrs&up

Practice your Spanish skills in this social setting. Only Spanish will be spoken in class.

**Mollie Nye, Dining Rm**

Th Sep 9-Dec 16 1:30-3:00pm  
\$68/\$63 LVSA member

### Spanish Intermediate 2 16 yrs&up

A class for those who have experience speaking Spanish and want to continue to build their skills.

**Mollie Nye, Dining Rm**

F Sep 17-Dec 17 10:30-12:00pm  
\$84  
F Jan 7-Mar 25 10:30-12:00pm  
\$68/\$63 LVSA member

### Spanish Lessons Level 1 16yrs&up

Learn Spanish words, phrases and dialogue. Enjoy fun activities with a focus on oral communication. Manual available for additional fee.

**Neighbourhood House, Activity Rm**

245912 W Sep 15-Dec 1 7:30-9:00pm  
\$61.60  
245917 W Jan 12-Mar 30 7:30-9:00pm  
\$67.20

### Spanish Lessons Level 2 16yrs&up

Learn Spanish words, phrases and dialogue. Enjoy fun activities with a focus on oral communication.

**Neighbourhood House, Activity Rm**

245913 W Sep 15-Dec 1 6:00-7:30pm  
245916 W Jan 12-Mar 30 6:00-7:30pm  
\$67.20