

# first aid



## schoolage

### First Aid Babysitter Training 11yrs&up

Receive instruction in child care, safety procedures and activities for young children. Must be 11yrs old by the last class and attend all sessions to receive certification from Red Cross. Fee includes manual.

#### Andrews, Kitchen

273155	Th	Oct 6-27	3:45-5:45pm
273154	Su	Nov 20-27	9:30-1:30pm
273157	Su	Jan 22-29	9:30-1:30pm
273158	Su	Feb 19-26	9:30-1:30pm

#### Griffin, Village Rm

269613	Su	Sep 11	9:00-5:30pm
269612	Sa	Nov 5	9:00-5:30pm
269614	Sa	Dec 3	9:00-5:30pm
271439	Sa	Jan 28	9:00-5:30pm
271442	Sa	Mar 3	9:00-5:30pm

#### Memorial, Lions Rm

273533	Sa	Sep17-24	10:00-2:30pm
273530	Th	Sep 29-Oct 20	3:45-5:45pm
273532	Sa	Nov 5	9:00-5:30pm
273535	M	Oct 31-Nov 21	3:45-5:45pm
273531	Sa	Nov 26	9:00-5:30pm
273536	W,Th	Dec 28-29	10:00-2:30pm
273539	Sa	Feb 4-11	10:00-2:30pm
273547	Sa	Mar 10	9:00-5:30pm
273537	M,Tu	Mar 19-20	10:00-2:30pm

#### Parkgate, Meeting Rm - C04

271480	Sa	Sep 24-Oct 1	11:45-3:45pm
272907	Sa	Nov 19-26	11:45-3:45pm

\$53

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### Pro D Babysitter Training 11yrs&up

#### Griffin, Pelican Rm

269615	F	Oct 21	9:00-5:30pm
271441	M	Jan 16	9:00-5:30pm
271440	F	Feb 24	9:00-5:30pm

#### Memorial, Lions Rm

273534	F	Oct 21	9:00-5:30pm
273540	M	Jan 16	9:00-5:30pm
273538	F	Feb 24	9:00-5:30pm

#### Parkgate, Meeting Rm - C04

271477	F	Oct 21	9:00-5:30pm
272887	M	Dec 19	9:00-5:30pm
272099	M	Jan 16	9:00-5:30pm
272097	F	Feb 24	9:00-5:30pm

\$53

## adult

### Emergency Childcare First Aid

Designed for parents and caregivers of children up to 10 years of age. Learn about recognizing home hazards, injury prevention, safety education, rescue breathing, choking, bleeding management and common first aid situations. CPR-B certification.

#### Griffin, Village Rm

269608	Su	Oct 23	9:00-5:30pm
271433	Su	Feb 12	9:00-5:30pm

#### Parkgate, Senior's Multi-Purpose

271513	Sa	Sep 24	8:30-5:00pm
271514	Su	Nov 20	8:30-5:00pm
272100	Sa	Jan 21	8:30-5:00pm
272101	Sa	Mar 31	8:30-5:00pm

\$86.50

### Emergency First Aid

Emergency First Aid offers instruction on prevention, recognition, and treatment of life-threatening emergencies. The course covers: initial assessment, preventing disease transmission, rescue breathing, choking, CPR-A, major bleeding, unconsciousness, shock and secondary assessment.

#### Griffin, Village Rm

269579	Su	Sep 25	9:00-5:30pm
269580	Sa	Oct 15	9:00-5:30pm
269581	Su	Dec 4	9:00-5:30pm
271376	Sa	Jan 21	9:00-5:30pm
271377	Su	Feb 26	9:00-5:30pm

\$82.40

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### Standard First Aid and CPR C

Standard First Aid is a comprehensive course that demonstrates how to initiate emergency care. Receive instruction on prevention, recognition, and treatment of life-threatening emergencies.

#### Griffin, Village Rm

269589	Sa,Su	Sep 17-18	9:00-5:30pm
269591	Sa,Su	Nov 19-20	9:00-5:30pm
271406	Sa,Su	Feb 4-5	9:00-5:30pm
271405	Sa,Su	Mar 10-11	9:00-5:30pm

#### Parkgate, Senior's Multi-Purpose

271540	Sa,Su	Oct 15-16	8:30-5:00pm
272124	Sa,Su	Feb 18-19	8:30-5:00pm
271541	Sa,Su	Nov 26-27	8:30-5:00pm

\$148.93

### Standard First Aid and CPR C - Recert

This is a re-certification course reviewing and testing all skills taught in the full Standard First Aid & CPR C course. Candidates must have previously taken Standard First Aid & CPR C and must bring their valid Standard First Aid & CPR C wallet card to the class showing an expiry date not greater than 5 years.

#### Griffin, Village Rm

276232	Sa	Oct 1	9:00-5:30pm
276233	Sa	Dec 17	9:00-5:30pm
276234	Sa	Feb 25	9:00-5:30pm

\$110



# North Shore/Sea-to-Sky Branch

106 223 Mountain Highway  
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**SAVING LIVES**

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### CPR Health Care Provider (BC-CPC-HCP)

Sun, Aug 14	Sun, Aug 14	8:30 AM - 4:30 PM
Sun, Sep 25	Sun, Sep 25	8:30 AM - 4:30 PM
Sun, Oct 16	Sun, Oct 16	8:30 AM - 4:30 PM
Sun, Nov 20	Sun, Nov 20	8:30 AM - 4:30 PM
Sat, Dec 10	Sat, Dec 10	8:30 AM - 4:30 PM

### CPR Health Care Provider Renewal (BC-CPC-R-HCP)

Sat, Aug 20	Sat, Aug 20	8:30 AM - 1:00 PM
Sat, Sep 10	Sat, Sep 10	8:30 AM - 1:00 PM
Sat, Oct 01	Sat, Oct 01	8:30 AM - 1:00 PM
Sun, Nov 13	Sun, Nov 13	8:30 AM - 1:00 PM
Sun, Dec 04	Sun, Dec 04	8:30 AM - 1:00 PM

### CPR Level C Renewal with AED (BC-CPC-R-AED)

Sat, Aug 20	Sat, Aug 20	1:30 PM - 5:30 PM
Sat, Sep 10	Sat, Sep 10	1:30 PM - 5:30 PM
Sat, Oct 01	Sat, Oct 01	1:30 PM - 5:30 PM
Sun, Nov 13	Sun, Nov 13	1:30 PM - 5:30 PM
Sun, Dec 04	Sun, Dec 04	1:30 PM - 5:30 PM

### CPR Level C with AED (BC-CPC-AED)

Sun, Aug 14	Sun, Aug 14	8:30 AM - 4:30 PM
Sat, Sep 24	Sat, Sep 24	8:30 AM - 4:30 PM
Sun, Oct 23	Sun, Oct 23	8:30 AM - 4:30 PM
Sun, Nov 20	Sun, Nov 20	8:30 AM - 4:30 PM
Sun, Dec 11	Sun, Dec 11	8:30 AM - 4:30 PM

### Emergency First Aid - Community Care (BC-ECC)

Wed, Aug 03	Wed, Aug 03	8:30 AM - 5:30 PM
Sun, Aug 21	Sun, Aug 21	8:30 AM - 5:30 PM
Wed, Aug 31	Wed, Aug 31	8:30 AM - 5:30 PM
Sun, Sep 11	Sun, Sep 11	8:30 AM - 5:30 PM
Wed, Sep 21	Wed, Sep 21	8:30 AM - 5:30 PM
Sun, Oct 02	Sun, Oct 02	8:30 AM - 5:30 PM
Wed, Oct 12	Wed, Oct 12	8:30 AM - 5:30 PM
Sun, Nov 13	Sun, Nov 13	8:30 AM - 5:30 PM
Wed, Nov 23	Wed, Nov 23	8:30 AM - 5:30 PM
Sun, Dec 04	Sun, Dec 04	8:30 AM - 5:30 PM
Wed, Dec 14	Wed, Dec 14	8:30 AM - 5:30 PM

### Emergency First Aid - Industry WorkSafeBC/OFA Level 1 Equivalent (BC-E50)

Tue, Aug 02	Tue, Aug 02	8:30 AM - 4:30 PM
Thu, Aug 04	Thu, Aug 04	8:30 AM - 4:30 PM
Tue, Aug 09	Tue, Aug 09	8:30 AM - 4:30 PM
Sat, Aug 13	Sat, Aug 13	8:30 AM - 4:30 PM
Mon, Aug 15	Mon, Aug 15	8:30 AM - 4:30 PM
Wed, Aug 17	Wed, Aug 17	8:30 AM - 4:30 PM
Tue, Aug 23	Tue, Aug 23	8:30 AM - 4:30 PM
Sat, Aug 27	Sat, Aug 27	8:30 AM - 4:30 PM
Tue, Aug 30	Tue, Aug 30	8:30 AM - 4:30 PM
Fri, Sep 02	Fri, Sep 02	8:30 AM - 4:30 PM
Tue, Sep 06	Tue, Sep 06	8:30 AM - 4:30 PM
Sat, Sep 10	Sat, Sep 10	8:30 AM - 4:30 PM
Wed, Sep 14	Wed, Sep 14	8:30 AM - 4:30 PM
Fri, Sep 16	Fri, Sep 16	8:30 AM - 4:30 PM
Mon, Sep 19	Mon, Sep 19	8:30 AM - 4:30 PM
Mon, Sep 26	Mon, Sep 26	8:30 AM - 4:30 PM
Thu, Sep 29	Thu, Sep 29	8:30 AM - 4:30 PM
Mon, Oct 03	Mon, Oct 03	8:30 AM - 4:30 PM
Wed, Oct 05	Wed, Oct 05	8:30 AM - 4:30 PM
Tue, Oct 11	Tue, Oct 11	8:30 AM - 4:30 PM
Sat, Oct 15	Sat, Oct 15	8:30 AM - 4:30 PM
Wed, Oct 19	Wed, Oct 19	8:30 AM - 4:30 PM
Fri, Oct 21	Fri, Oct 21	8:30 AM - 4:30 PM
Tue, Oct 25	Tue, Oct 25	8:30 AM - 4:30 PM
Sat, Oct 29	Sat, Oct 29	8:30 AM - 4:30 PM
Tue, Nov 01	Tue, Nov 01	8:30 AM - 4:30 PM
Thu, Nov 03	Thu, Nov 03	8:30 AM - 4:30 PM

Mon, Nov 07	Mon, Nov 07	8:30 AM - 4:30 PM
Sat, Nov 12	Sat, Nov 12	8:30 AM - 4:30 PM
Wed, Nov 16	Wed, Nov 16	8:30 AM - 4:30 PM
Sat, Nov 19	Sat, Nov 19	8:30 AM - 4:30 PM
Tue, Nov 22	Tue, Nov 22	8:30 AM - 4:30 PM
Fri, Nov 25	Fri, Nov 25	8:30 AM - 4:30 PM
Wed, Nov 30	Wed, Nov 30	8:30 AM - 4:30 PM
Sat, Dec 03	Sat, Dec 03	8:30 AM - 4:30 PM
Mon, Dec 05	Mon, Dec 05	8:30 AM - 4:30 PM
Wed, Dec 07	Wed, Dec 07	8:30 AM - 4:30 PM
Wed, Dec 14	Wed, Dec 14	8:30 AM - 4:30 PM
Fri, Dec 16	Fri, Dec 16	8:30 AM - 4:30 PM
Tue, Dec 20	Tue, Dec 20	8:30 AM - 4:30 PM
Thu, Dec 22	Thu, Dec 22	8:30 AM - 4:30 PM

### Marine Advanced First Aid Transport Canada -

Marine Safety (BC-MAF)		
Mon, Aug 15	Fri, Aug 19	8:30 AM - 4:30 PM
Mon, Nov 28	Fri, Dec 02	8:30 AM - 4:30 PM

### OFA Level 2 (BC-OF2)

Mon, Aug 08	Fri, Aug 12	8:30 AM - 4:30 PM
Mon, Sep 12	Fri, Sep 16	8:30 AM - 4:30 PM
Mon, Oct 03	Fri, Oct 07	8:30 AM - 4:30 PM
Mon, Oct 31	Fri, Nov 04	8:30 AM - 4:30 PM
Mon, Nov 21	Fri, Nov 25	8:30 AM - 4:30 PM

### OFA Level 3 (BC-OF3)

Mon, Sep 19	Fri, Sep 30	8:30 AM - 4:30 PM
Mon, Oct 17	Fri, Oct 28	8:30 AM - 4:30 PM
Mon, Nov 07	Fri, Nov 18	8:30 AM - 4:30 PM
Wed, Oct 13	Mon, Nov 14	6:30 PM - 10:15 PM

### OFA Level 3 Renewal (BC-OF3R)

Mon, Dec 05	Fri, Dec 09	8:30 AM - 4:30 PM
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### Standard First Aid - CPR C with AED (BC-SFC-AED)

Sat, Aug 06	Sun, Aug 07	8:30 AM - 5:30 PM
Thu, Aug 18	Fri, Aug 19	8:30 AM - 5:30 PM
Sat, Aug 27	Sun, Aug 28	8:30 AM - 5:30 PM
Thu, Sep 01	Fri, Sep 02	8:30 AM - 5:30 PM
Sat, Sep 17	Sun, Sep 18	8:30 AM - 5:30 PM
Thu, Sep 22	Fri, Sep 23	8:30 AM - 5:30 PM

Sat, Oct 01	Sun, Oct 02	8:30 AM - 5:30 PM
Thu, Oct 06	Fri, Oct 07	8:30 AM - 5:30 PM
Sat, Oct 22	Sun, Oct 23	8:30 AM - 5:30 PM
Thu, Oct 27	Fri, Oct 28	8:30 AM - 5:30 PM
Sat, Nov 05	Sun, Nov 06	8:30 AM - 5:30 PM
Thu, Nov 17	Fri, Nov 18	8:30 AM - 5:30 PM
Sat, Nov 26	Sun, Nov 27	8:30 AM - 5:30 PM
Thu, Dec 08	Fri, Dec 09	8:30 AM - 5:30 PM
Sat, Dec 17	Sun, Dec 18	8:30 AM - 5:30 PM

### Standard First Aid - Industry WorkSafeBC/OFA Level 1 Equivalent (BC-SSOC)

Thu, Aug 11	Fri, Aug 12	8:30 AM - 5:30 PM
Thu, Sep 08	Fri, Sep 09	8:30 AM - 5:30 PM
Thu, Oct 13	Fri, Oct 14	8:30 AM - 5:30 PM
Wed, Nov 09	Thu, Nov 10	8:30 AM - 5:30 PM

### Standard First Aid For Wilderness (BC-SFW)

Thu, Sep 15	Fri, Sep 15-18	6:00 PM - 10:00 PM
Sa, Sun Sep 15-18		8:00 AM - 5:00 PM
Thu, Oct 13		6:00 PM - 10:00 PM
Sa, Sun, Oct 16		8:00 AM - 5:00 PM
Thu, Nov 10		6:00 PM - 10:00 PM
Sa, Sun, Nov 13		8:00 AM - 5:00 PM

### Transportation Endorsement (BC-TE)

Fri, Aug 05	Fri, Aug 05	8:30 AM - 4:30 PM
Fri, Sep 30	Fri, Sep 30	8:30 AM - 4:30 PM
Fri, Nov 04	Fri, Nov 04	8:30 AM - 4:30 PM

### Please Note:

For our 2012 class schedule, please contact your local branch, visit our website, or contact our Customer Service Centre.

Some classes may require pre-reading. Please contact your local branch or our Customer Service Centre for more information.



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