

access for people with disabilities

Facility Accessibility

Adult Sized Change Tables
Magnussen

Aquatic Pool Lift
Ron Andrews, Harry Jerome, Griffin

Aquatic Wheelchairs
Griffin, Magnussen, Ron Andrews

Aquatic Wheelchair Pool Lift
Griffin

Adapted Weightroom Equipment
Griffin, Magnussen, Parkgate

Elevator
Harry Jerome, JBCC

Extra Wide Parking Stalls
Griffin, Magnussen, Harry Jerome, Parkgate
(for Ramped Accessible Vehicles)

Fully Accessible Change Room
Magnussen, Griffin

Handicap Washroom Emergency Call Button
JBCC

Hearing Assistance System
JBCC

Personal Transfer Lift
Magnussen

Wheelchair Accessible Showers
Magnussen, Parkgate

daycamp support

Does your child require extra support while attending a full day northvanrec Daycamp this summer? We can help, at no additional cost to you.

We offer up to one week of one to one support for children with developmental or physical disabilities.*

Reservations for this service are on a first come, first serve basis and will begin May 1st until all 8 weeks are booked.

To reserve or receive additional information, please contact Jackie Hamm, Recreation Access Programmer at 604-982-8331 or email jhamm@jbcc.ca

*some restrictions apply

Adapted Programs

0-6yrs early years

Adapted Learn To Swim Lessons 3-6yrs

Beginner learn-to-swim program designed for children with disabilities. For more information please call Jackie Hamm at 604-982-8331 prior to registration.

Magnussen, Games Pool				
263618	W	Mar 30-May 4		4:30pm
\$39				
263620	W	May 11-Jun 22		4:30pm
\$45.50				
263619	W	Jul 6-Aug 31		6:30pm
\$58.50				

schoolage

Adapted Karate 6-13yrs

This program is for children 6-13 years old with developmental disabilities. Get your muscles and minds moving with karate disciplines and moves. A great way to learn a new sport and have fun too! (Kikai Karate)

Andrews, Windsor Rm				
255990	W	Apr 6-27		4:00-5:00pm
264242	W	May 4-25		4:00-5:00pm
264243	W	Jun 1-22		4:00-5:00pm
\$100				

looking for daycamps?



Adapted Learn To Swim Lessons 5-12yrs

For children with developmental or physical disabilities. For more information please call 604-982-8331.

Andrews, Tank

Beginner				
264012	M	Mar 28-Jun 13		6:30pm
\$46.50				
264015	W	Mar 30-Jun 15		6:30pm
\$55.80				
264017	Sa	Apr 2-Jun 18		12:30pm
\$51.15				
264143	M-F	Jul 4-15		12:15pm
264146	M-F	Jul 18-29		12:15pm
\$46.50				
264147	Tu-F,M	Aug 2-12		12:15pm
\$41.85				
264148	M-F	Aug 15-26		12:15pm
\$46.50				
264149	M-F	Aug 29-Sep 2		12:15pm
\$23.25				



Adapted Learn to Swim Lessons cont.

Advanced

264150	M	Mar 28-Jun 13	7:00pm
\$46.50			
264151	Sa	Apr 2-Jun 18	12:30pm
\$51.15			
264152	M-F	Jul 4-15	12:15pm
\$46.50			
264153	M-F	Jul 18-29	12:15pm
\$46.50			
264154	Tu-F, M	Aug 2-12	12:15pm
\$41.85			
264155	M-F	Aug 15-26	12:15pm
\$46.50			
264156	M-F	Aug 29-Sep 2	12:15pm
\$23.25			

**Adapted Musical Theatre
6-12 yrs**

A brand new program for children with disabilities. Caution! This program promotes spontaneous acting, dancing, laughing and singing. An inclusive program. (Kelsey T.)

JBCC, Harbourview Rm

264256	W	Apr 13-Jun 1	4:30-5:15pm
\$46			
264340	W	Jul 6-Aug 3	4:45-5:30pm
\$28.75			

youth

Interested in Adapted Swim lessons for youth 13 yrs&up?

Please contact Jackie Hamm at 604-982-8331 or email at jhamm@jbcc.ca.

adult

**Adapted Mild Aquafit
15yrs&up**

Participants will be introduced to a variety of mild exercises and are encouraged to work at their own pace. For individuals requiring one to one support within the water, we ask that you be accompanied by your own support person.

(Jan L.)

Magnussen, Pool

260725	Tu	Apr 12-May 31	1:30-2:30pm
\$49.20			

**Adapted Fitness
Chair & Pool Exercise**

Self-paced chair and/or water exercises for people with mobility, coordination, strength and flexibility limitations due to disabilities or injury.

Griffin, Edgemont Rm

263006	M,W	Apr 4-27	1:00-3:00pm
263008	M,W	May 2-30	1:00-3:00pm
263007	W,M	Jun 1-29	1:00-3:00pm

\$4 drop-in; monthly registration available

spring program registration	starts wednesday mar. 9
summer program registration	starts wednesday apr. 20