

**North Vancouver Recreation Commission  
Corporate Wellness Resource Program**

**Commitment Form**

**Healthy Lifestyles at Work!**

Please complete this Commitment Form and return to the Corporate Wellness Programmer. This form confirms the Company's commitment to providing Workplace Wellness initiatives to all employees. Upon receipt of this form, the Corporate Wellness Programmer will be in contact with the Company Representative. The Company Representative will receive a copy of the Corporate Wellness Resource Booklet, information on how to access the Corporate Wellness website and will receive the quarterly newsletter.

Company Name: _____
Company Representative: _____
Position: _____
Number of Employees: _____
Mailing Address: _____
City: _____
Postal Code: _____
Work Phone: _____
Fax: _____
E-mail: _____
Website address: _____

**Return Completed Form to:**

Corporate Wellness Programmer  
Harry Jerome recCentre  
123 East 23<sup>rd</sup> Street  
North Vancouver, BC  
V7L 3E2  
Fax: 604-983-6409

**Questions?** Please call the Corporate Wellness Programmer at 604-983-6422.