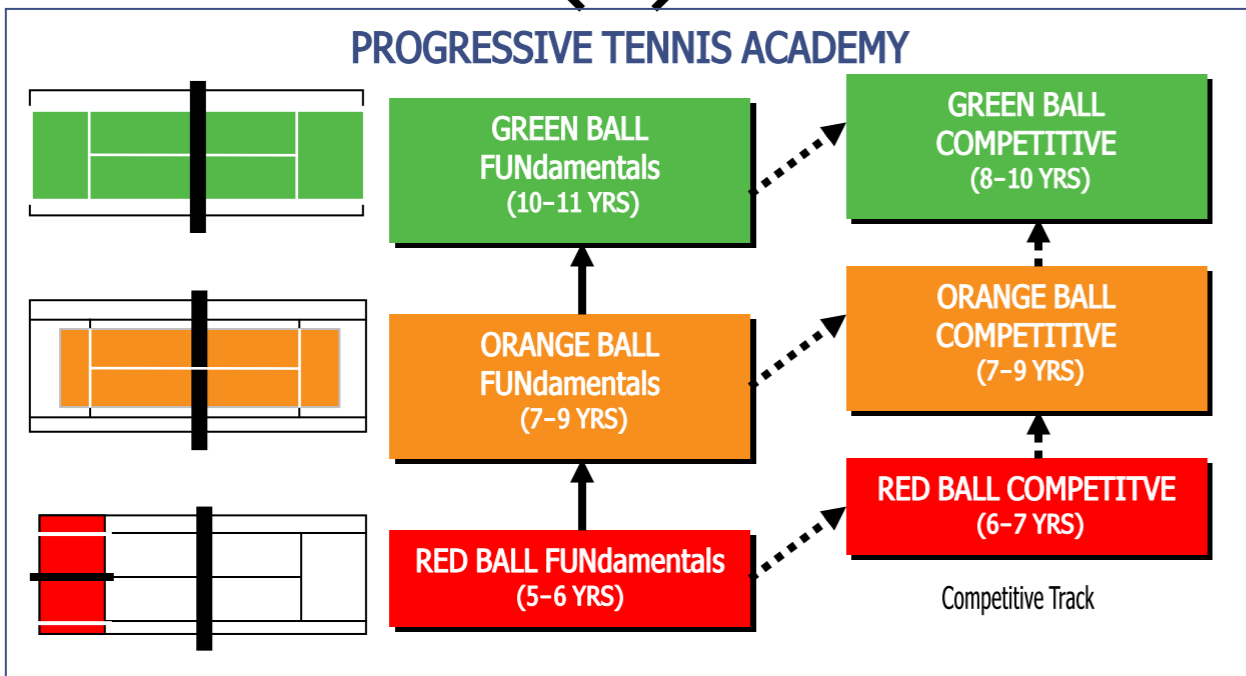
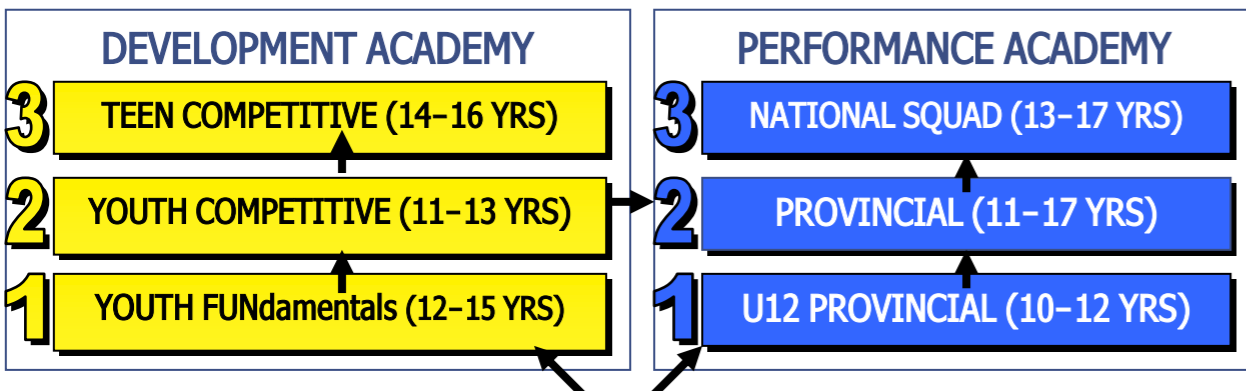


Junior Tennis Development Path

All GCTC programs are based on the Tennis Canada, "Long-Term Athletic Development" (LTAD) path. The program is designed by National Level 4 coach, **Wayne Elderton**. Each level is tailored for specific stages of development.



To be eligible for "Competitive" and Performance Academy programs, players must pass required competencies as assessed by coaching staff.



Coaching Staff



L-R: Tracy, Klaus, Wayne, Jesse, Nick, Goran

Wayne Elderton ChPC.- Tennis Director

- Tennis Canada Certified National Level 4 Coach

Klaus Schlotz - Senior Tennis Professional

- Tennis Canada Coach 2/Club Pro 2 Certification

Tracy Bennet - Tennis Professional

- Tennis Canada Coach 3/Club Pro 2 Certification

Jesse Evans - Tennis Professional

- Tennis Canada Coach 3/Club Pro 2 Certification

Goran Zovko - Tennis Professional

- Tennis Canada Coach 2/Club Pro 2 Certification

Nick Coutts - Tennis Professional

- Tennis Canada Club Pro 2 Certification

*All additional coaches Tennis Canada Certified

Lesson Rates: (Including Court fee)
(Age 15 yrs+ must pay an additional 12% HST)

Private with Tennis Director

	55 Minutes	\$75.00
Private	30 Minutes	\$28.00
	45 Minutes	\$42.00
	55 Minutes	\$56.00
	1 Hr 25 Min.	\$84.00

	55 Minutes	\$28.00 (ea)
Semi-Private	55 Minutes	\$28.00 (ea)
(2 players)	1 Hr 25 Min.	\$42.00 (ea)



www.northvanrec.com



Junior Recreation Programs Winter 2012 (Unit #2)



Designated as an Official
TENNIS CANADA
Tennis Development Centre

280 Lloyd Ave,
North Vancouver, BC V7P 3H3
604.983.6483

Program Information

Advancing levels...

The GCTC **FUND**amentals Programs are recreation programs designed to introduce basic skills, play the game, and enjoy the sport.

Please be aware that, the Fundamental programs alone are insufficient to progress players to the 'competitive' programs. In order to get to these higher levels, players must practice outside of scheduled lesson times.

Note: To access the "Competitive" and "Performance" programs, players must achieve appropriate competencies as assessed by Coaching Staff.

Non marking shoes only please.



Level Placement

We reserve the right to withdraw participants from a program if coaching staff determine they are not at the appropriate level.

Refund Policy

Full refund available by withdrawing 6 days prior to first class. After first class, a refund is available less the cost of one class. No refunds after second class.

Wilson
NUMBER 1 IN TENNIS®

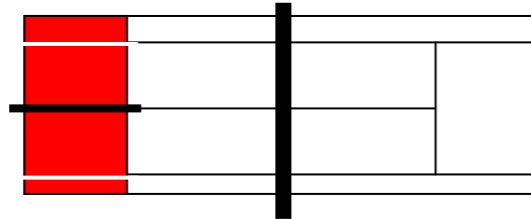
About Progressive Tennis

(All Prices are shown without taxes)

Progressive tennis is an innovative concept in learning tennis used by the majority of the top tennis nations. The balls, court, racquets and scoring are scaled to match the size and age of children (like "T" ball and mini-soccer).

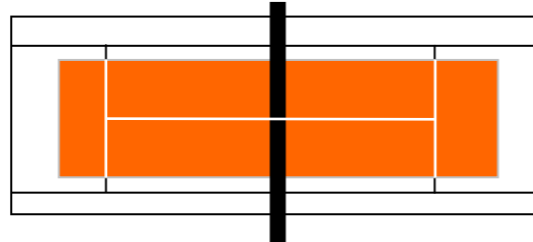
Stage 3: RED BALL TENNIS (1/2 Court)

(5-6 yrs)



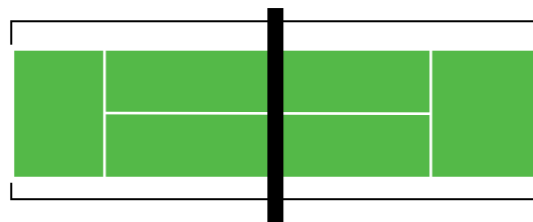
Stage 2: ORANGE BALL TENNIS (3/4 Court)

(7-9 yrs)



Stage 1: GREEN BALL TENNIS (Full Court)

(10-11 yrs)



RED BALL FUNDamentals: (5-6 yrs)

This program uses a scaled down court (plays sideways across the court), low-compression or foam balls and scaled racquets. It develops the ABC'S of athlete development (Agility, Balance, Coordination, Speed). The goal of the tennis skills is to be able to serve, rally and score at 1/2 Court. Maximum Coach/Student ratio 1:8

- **275396** Tues/Thurs 4:30-5:25pm
Jan 3 - Mar 15 22 sessions **\$291.50**



ORANGE BALL FUNDamentals: (7-9 yrs)

This program uses a modified court (3/4 size) and develops foundational tennis skills with low-compression balls.

Coach/Student ratio 1:6

- **275397** Tues/Thurs 3:30-4:25pm
Jan 3 - Mar 15 22 sessions **\$291.50**



Development Academy

GREEN BALL FUNDamentals: (10-11 yrs)

This program uses a 'transition' ball on a full court to develop fundamental skills.

Coach/Student ratio 1:6

- **275398** Tues/Thurs 3:30-4:25pm
Jan 3 - Mar 15 22 sessions **\$291.50**



YOUTH FUNDamentals: (12-15 yrs)

Develops ball control skills & fundamentals in a progression approach which starts with scaled court and low-compression balls and progresses to a full court.

This program is a range of level from scratch beginner to intermediate player.

Coach/Student ratio 1:6

- **275378** Saturdays 11:00-12:00pm
Jan 7 - Mar 10 10 Sessions
- **275379** Saturdays 12:00-1:00pm
Jan 7 - Mar 10 10 Sessions

\$147.50

Note: Players will be assessed on first session and placed in appropriate level by Coaching Staff.

Wilson League

FRIDAYS: (12 weeks)

This is a FREE supervised play program. All Fundamental program players must be invited by coaching staff to attend:
Jan 6,13,20,27. Feb 3,10,17,24. Mar 2,9,16.

Orange Ball Fundamentals:
3:30-4:25pm

Green Ball Fundamentals:
3:30-4:25pm